This last year, I have had opportunities at work to learn and grow.

3 Facts

- Only 4 in 10 people in Gallup's global database strongly agree that they have had opportunities at work to learn and grow in the past year.
- 2. The desire to learn and grow is a basic human need.
- Growth is not solely about additional training. It can take many forms including finding better ways to accomplish things, taking on additional or new responsibilities, coaching others, or learning a new skill.

3 Ways to Foster Learning and Growth

Continuous

Create an environment that supports and encourages learning.



Expanding

Short-term "stretch" goals that motivate people to expand their knowledge and skill-set are powerful.



Aspirational

Create career-oriented development plans that align with each person's strengths and aspirations.

3 Best Practices

- 1. Create learning opportunities for individuals that are relevant to a larger group or organizational plan. Frequently check in on progress, asking, "what are you learning?" and "how often are you applying this to your role?"
- 2. Match a new employee with a veteran employee to help the new employee learn about the organization and job more quickly and provide an opportunity for the veteran to take on a new role.
- 3. Once a month, ask these questions:
- Are there things you need to learn to do your job better?
- What goals do you have right now? How can I help you accomplish these goals?

thrivingworkplace@umd.edu president.umd.edu/thrive 301.405.1336